

## TMJ DYSFUNCTION QUESTIONNAIRE

Patient \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_ Date \_\_\_\_\_

Referred by \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Others who are or have been treating this problem:

Doctor \_\_\_\_\_  
Address \_\_\_\_\_

Doctor \_\_\_\_\_  
Address \_\_\_\_\_

What type of treatment have you had for this problem/pain?

Medicines: \_\_\_\_\_

Orthotics: \_\_\_\_\_

Physical Therapy: \_\_\_\_\_

Orthodontics: \_\_\_\_\_

Occlusal Adjustments: \_\_\_\_\_

Surgery: \_\_\_\_\_

Splints: \_\_\_\_\_

Counseling: \_\_\_\_\_

How many? \_\_\_\_\_

Other: \_\_\_\_\_

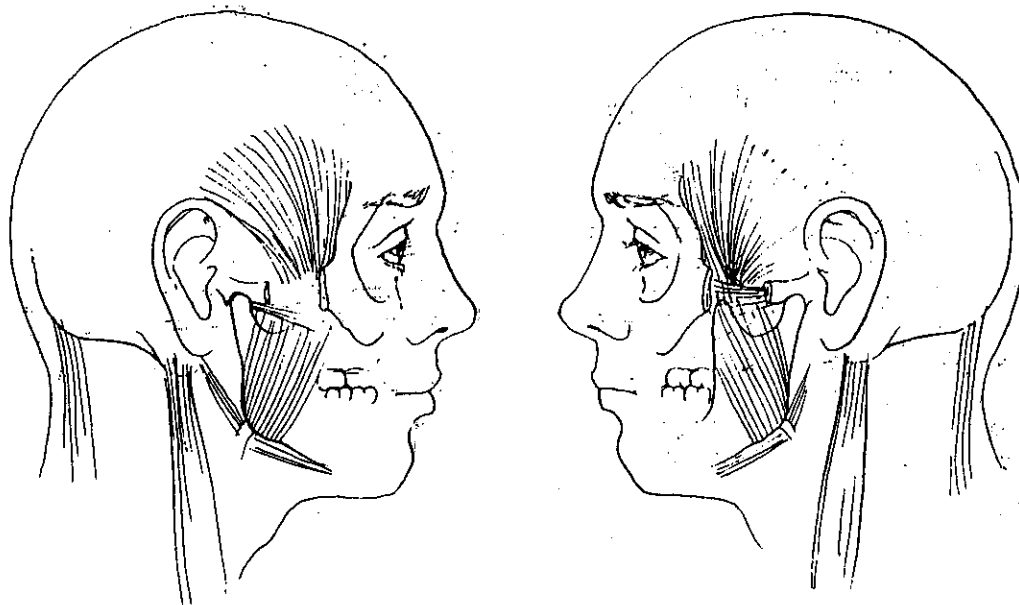
### General Symptoms

1. Describe your problem: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. How long has this problem been present? \_\_\_\_\_

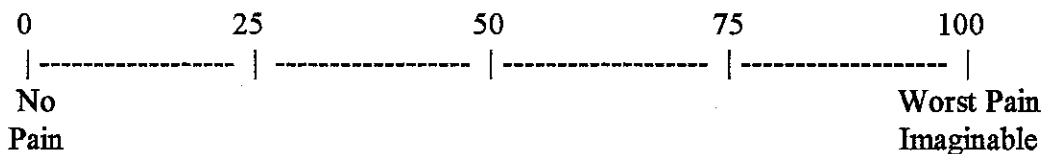
3. Is it located in the right \_\_\_\_\_, left \_\_\_\_\_, both sides \_\_\_\_\_, neither \_\_\_\_\_.

4. Draw an outline or shade the area of your pain.



# TMJ Dysfunction Questionnaire

5. On the scale below mark where your pain falls at its worst. (X)



- 6.  yes  no Does the pain or discomfort limit your ability to chew certain foods?
- 7.  yes  no Is the pain constant or recurring?     rt      lt
- 8.  yes  no Intermittent pain?     rt      lt
- 9.  yes  no Burning pain?     rt      lt
- 10.  yes  no Dull, aching pain?     rt      lt
- 11.  yes  no Stabbing, severe pain?     rt      lt
- 12.  yes  no Electrical, shooting pain?     rt      lt
- 13.  yes  no Does it hurt when you chew?  
Where? \_\_\_\_\_
- 14.  yes  no Does it hurt to move your jaw?
- 15.  yes  no Does the pain/problem interfere with daily activities?  
If so, how? \_\_\_\_\_
- 16.  yes  no Does it hurt to open wide or take a big bite?
- 17.  yes  no Does your jaw click or pop when chewing?  
right      left
- 18.  yes  no Does anything you do make the pain worse?  
What? \_\_\_\_\_
- 19.  yes  no Does anything you do make the pain better?  
What? \_\_\_\_\_
- 20.  yes  no Do you suffer from chronic headaches?  
How often? \_\_\_\_\_  
Location \_\_\_\_\_
- 21.  yes  no Is the condition worse in the morning \_\_\_\_\_, during the day \_\_\_\_\_,  
in the evening \_\_\_\_\_, during sleep \_\_\_\_\_, after eating \_\_\_\_\_,  
after speaking \_\_\_\_\_?
- 22.  yes  no Do you grind your teeth in your sleep?
- 23.  yes  no Do you clench your teeth during the day?
- 24.  yes  no Have you ever had chronic neck \_\_\_\_\_, shoulder \_\_\_\_\_, or back \_\_\_\_\_ pain?  
How long? \_\_\_\_\_

# TMJ Dysfunction Questionnaire

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25. \_\_\_yes \_\_\_no Do you notice any of the following?
- |   |         |        |
|---|---------|--------|
| ___Hearing loss                               | rt ___  | lt ___ |
| ___Pain in teeth in AM                        | rt ___  | lt ___ |
| ___Headaches                                  | rt ___  | lt ___ |
| ___Neck Pains                                 | rt ___  | lt ___ |
| ___Popping, clicking or<br>grating of the jaw | rt ___  | lt ___ |
| ___Stiffness in ears                          | rt ___  | lt ___ |
| ___Ringing in ears                            | rt ___  | lt ___ |
| ___Dizziness                                  | yes ___ | no ___ |
| ___Swallowing difficulty                      | yes ___ | no ___ |

## Medical History

1. \_\_\_yes \_\_\_no Was there any event which you believe may have helped cause this problem/pain?  
If so, please describe  
Accident/Trauma: \_\_\_\_\_ Dental Treatment: \_\_\_\_\_  
Surgery: \_\_\_\_\_ Stress: \_\_\_\_\_  
Other: \_\_\_\_\_
2. \_\_\_yes \_\_\_no Have you ever had a whiplash? When? \_\_\_\_\_  
Any treatment? \_\_\_\_\_
3. \_\_\_yes \_\_\_no Have you ever had "nervous stomach" or ulcers? If so, how long? \_\_\_\_\_  
Taking medications? \_\_\_\_\_
4. \_\_\_yes \_\_\_no Are you under medical treatment? If yes, for what? \_\_\_\_\_

## Dental History

1. \_\_\_yes \_\_\_no Are any of your teeth worn badly \_\_\_\_\_, very loose \_\_\_\_\_, sore \_\_\_\_\_?
2. \_\_\_yes \_\_\_no Have you had teeth extracted within the past three years?
3. \_\_\_yes \_\_\_no Recent fillings \_\_\_\_\_?  
Recent bridges/crowns \_\_\_\_\_?  
Other \_\_\_\_\_
4. \_\_\_yes \_\_\_no Have you worn braces or had your teeth straightened? If so, age? \_\_\_\_\_